



## **The Side Saddle Association**

### **JUDGES' & INSTRUCTORS' SEMINAR & International Side Saddle Cup and Polish Side Saddle Championship.**

Date: 8-9/06/2019

Location of show: Riding Club "Lewada", ul.Parkowa 23, 47-263 Zakrzow, woj.opolskie, Poland - Post code: 47-263

Open to S.S.A. Members and Non-members  
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**Speaker: Mrs Janet Senior** - BHSAI (Reg'd) - UKCC Level 2

SSA 'A' Instructor, Examiner & Judge - International Instructor/Coach/Trainer & Judge  
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The Seminar is designed to stimulate & encourage, educate & develop skills & knowledge, sharing thoughts & ideas, to work together for the future security of side saddle riding.

### **PROGRAMME**

#### **Instructing, Teaching, Coaching**

Skills & techniques, body awareness – balance, flexibility, stability, influence & harmony between horse & the side saddle rider, the importance of goal setting, work programs, self-assessment, & evaluation.

#### **Judging, Show ring, Equitation tests, Equitation jumping courses**

Skills & techniques, setting a standard – what today's side saddle rider expects from their judge, terminology – giving positive feedback, encouraging, the judges influence & contribution towards developing a better standard of side saddle rider & promotion of the Side Saddle Association.

#### **Side Saddle, Balance, Fitting**

The importance of a correctly fitted side saddle & how it affects the performance of the horse & rider.

#### **Open discussion & shared views invited**

#### **Summary & Closure**